

Bucharest 2-4 October 2025





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Dear Colleagues,

It is with great pleasure that I welcome you to the 8th International Symposium on Intra-Articular Treatment (ISIAT), held in the beautiful city of Bucharest.

This biennial event, which rotates across Europe, has become a cornerstone for professionals dedicated to advancing the field of intra-articular treatment. We are delighted to gather once again with leading experts, researchers, and clinicians to explore the latest developments in intra-articular access, therapeutic targets, innovative tools, and future directions.

This year's edition promises a rich and engaging programme, featuring keynote lectures and presentations by renowned specialists. We look forward to the stimulating discussions and interdisciplinary collaborations that will emerge throughout the symposium.

Participants will also have the opportunity to take part in hands-on courses covering a wide range of joints: an invaluable experience for both newcomers and seasoned practitioners aiming to refine their skills.

We are proud to offer a platform for sharing cutting-edge research through oral presentations and poster sessions, and we are thrilled by the diverse contributions from professionals across rheumatology, orthopedics, sports medicine, pain medicine, rehabilitation, and interventional radiology.

Our goal is to foster a dynamic and multidisciplinary environment that promotes dialogue, innovation, and synergy among all stakeholders in the intra-articular field.

Thank you for joining the ISIAT community in Bucharest. I am confident that this symposium will be an inspiring and rewarding experience for all.

Warm regards,

Prof. Alberto Migliore Congress Chairman

Congress Chairman

Alberto Migliore

Director of Unit of Rheumatology, Ospedale S. Pietro FBF, Rome, Italy President of National Foundation of Ultrasound Guided Hip Intra-Articular Therapy (ANTIAGE)

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Department of Orthopedics, University of Medicine & Pharmacy "Carol Davila" Bucharest, Romania

Vlad Predescu

Ponderas Academic Hospital Bucharest, Romania

Thursday 2 October

| 11.30-13.00 | Practical course: ankle Giovanni Boni (Perugia, Italy) | BEIJING ROOM |
|-------------|--|--------------|
| 11.30-13.00 | Practical course: knee Orazio De Lucia (Milan, Italy) | VIENNA ROOM |
| 13.00-14.30 | Practical course: hip Sandro Tormenta (Rome, Italy) | BEIJING ROOM |
| 13.00-14.30 | Practical course: shoulder Silvana Giannini (Rome, Italy) | VIENNA ROOM |
| 14.30-16.00 | Practical course: hand and wrist Belarmino Gonçalves (Aveiro, Portugal) | BEIJING ROOM |
| 14.30-16.00 | Practical course: lumbar vertebre facet Luca Di Sante (Rome, Italy) | VIENNA ROOM |

Scientific Programme

Thursday 2 October

New York Room (Plenary)

16.00-16.30 **OPENING CEREMONY**

16.30-19.00 Update from national and international consensus

Moderators: Alberto Migliore (Rome, Italy), Raman Raghu (London, UK), Xavier Chevalier (Créteil, France)

Introduction

Alberto Migliore (Rome, Italy)

EUROVISCO GROUP update

Thierry Conrozier (Belfort, France)

GRIIP: indications, contraindications and misuses of PRP

Florent Eymard (Créteil, France)

Latin American Consensus COLAVI

Paulo Hamdan (Rio de Janeiro, Brazil)

ESSKA-ORBIT consensus on orthobiologics

Rodica Marinescu (Bucharest, Romania)

IA injections in the multimodal management of OA: the ESCEO algorithm

Nicola Veronese (Palermo, Italy)

Thursday 2 October

New York Room (Plenary)

SIOT: IA management of OA

Michele Calderaro (Rome, Italy)

The role of IA injection in the OARSI guidelines for the non-surgical management of OA

Raveendhara Reddy Bannuru (Boston, USA)

Guidelines in comparison

Wojciech Glinkowski (Warsaw, Poland)

METAVISCO recommendations

Abdulla Mohammad Al Rahoomi (Abu Dhabi, UAE)

New York Room (Plenary)

08.30-09.50

FIRST SESSION

IA products in comparison

Moderators: Marek Krochmalski (Lódz, Poland), Domiziano Tarantino (Salerno, Italy)

Criticisms in recent network metanalysis

Emmanuel Maheu (Paris, France)

Comparing autologous microfragmented adipose tissue and leukocyte-poor PRP combined with HA in symptomatic early knee OA Chiara Ursino (Milan, Italy)

Difference between BMAC and ADCSs in clinical and functional outcomes for knee OA

Nicola Maffulli (London, UK)

Evidence and opportunity of polyacrylamide in the treatment of knee OA Henning Bliddal (Frederiksberg, Denmark)

Scientific Programme

Friday 3 October

New York Room (Plenary)

09.50-10.50 **SECOND SESSION**

Predictors of response

Moderators: Calogero Foti (Rome, Italy), Juan José Scali (Buenos Aires, Argentina)

Injectable orthobiologics for OA - what is the evidence?

Cosimo De Bari (Edinburgh, UK)

Do age, gender, BMI and disease duration influence the clinical outcomes in

patients treated with PRP?
Ekin Ilke Sen (Istanbul, Turkey)

Predictors of beneficial response to IA HA in patients with knee OA

Xavier Chevalier (Créteil, France)

10.50-11.10 Coffee break

11.10-11.40 **LECTURE**

Moderator: Ruxandra Ionescu (Bucharest, Romania)

The role of IA treatment in the management of OA

Alberto Migliore (Rome, Italy)

11.40–12.00 **SATELLITE SESSION ABIOGEN**

New perspective in viscosupplementation: combining HA with

bisphosphonates

Giovanni Adami (Verona, Italy)

New York Room (Plenary)

12.00-12.20 SATELLITE SESSION CONTRAD

Challenging musculoskeletal disorders: a new emerging topical treatment

with HA and polypeptides Gianluca Doro (Varese, Italy)

12.20-13.00 **THIRD SESSION**

Nano technology: a promising world

Moderators: Cosimo De Bari (Edinburgh, UK), Yves Henrotin (Liège, Belgium)

Arthroscopy add diagnostic value to MRI in mild cartilage lesions

Gabriel Herrero-Beaumont Cuenca (Madrid, Spain)

The natural history of osteoarthritis and chronic arthritides from the

synovium.IA

Raquel Largo (Madrid, Spain)

13.00-14.00 Lunch

14.00-14.20 **SATELLITE LECTURE KIOMED**

The challenge of refractory osteoarthritis

Krik Heusdens (Antwerp, Belgium)

New York Room (Plenary)

14.20-15.20 **FOURTH SESSION**

Moderators: Abdulla Mohammad Al Rahoomi (Abu Dhabi, UAE), Jose Luis Rodrigo (Valencia, Spain)

Chondrotoxicity of intra-articular injection products Nicola Manocchio (Rome, Italy)

Update on protocols and techniques for intra-articular orthobiologic procedures

Luga Podesta (Naples, Florida, USA)

IA oxygen-ozone therapy: evidence and future perspectives

Alessandro de Sire (Catanzaro, Italy)

15.20-15.40 SATELLITE LECTURE REGENYAL LABORATORIES

Treatment of hip pathologies: clinical experiences and new approaches with a crosslinked intercalated hyaluronic acid based on BIORIVOLUMETRIA concept

Demirĥan Diracoglu (Istanbul, Turkey)

New York Room (Plenary)

15.40-16.20 ORAL COMMUNICATIONS - first part

Moderators: Belarmino Gonçalves (Aveiro, Portugal), Rodica Marinescu (Bucharest, Romania)

EFFICACY OF INTRARTICULAR EXOSOMES INJECTION FOR SEVERE KNEE OSTEOARTHRITIS: AN INITIAL EXPERIENCE IN 45 PATIENTS

Yoon Kam Hon Yoon (Singapore, Singapore)

RISK FACTORS FOR PROGRESSION AND UNFAVORABLE RESPONSE TO IA HA IN PATIENTS WITH ASEPTIC NECROSIS OF THE FEMORAL HEAD

Natalia Martusevich (Minsk, Belarus)

USE OF A MULTIFRACTIONAL BIOINDUCTIVE HYALURONIC ACID IN TENDINOPATHIES OF SPORTS PATIENTS

Stefano Stacchietti (Ancona, Italy)

DAILY ORAL CHONDROITIN VS. ORAL CHONDROITIN AND INTRA-ARTICULAR HYALURONATE VS. INTRA-ARTICULAR HYALURONATE VS. KNEE PRP IN KNEE OSTEOARTHRITIS: A COMPARATIVE STUDY

Eleftherios Pelechas (Ioannina, Greece)

16.20-16.40 Coffee break

New York Room (Plenary)

16.40-18.00

FIFTH SESSION

Moderators: Mihaela Micu (Cluj-Napoca, Romania), Vlad Predescu (Bucharest, Romania)

IA use of NSAIDs: where we are Umberto Massafra (Rome, Italy)

The opportunity of IA microsponges Patrizia Nadia Hanieh (Rome, Italy)

Update on the implantable device Sergio Crimaldi (Milan, Italy)

Risk of periprosthetic joint infection after IA injection Lorenzo Isabello (Rome, Italy)

New York Room (Plenary)

08.30-09.50 **SIXTH SESSION**

Moderators: Liudmila Alekseeva (Moscow, Russia), Emmanuel Maheu (Paris, France)

IA injection of bone marrow concentrate for treatment of patellofemoral **OA** Benjamin Dallaudière (Bordeaux, France)

The horizon of exosome IA administration Demirhan Diracoglu (Istanbul, Turkey)

Ultrasound-guided chondroprogenitor cell therapy for TMJ osteoarthritis: a translational approach toward tissue regeneration

Ricardo Tesch (Petrópolis, Brazil)

Therapeutic effects of intra-articular low molecular weight collagen peptides and vitamin C after FAI surgery

Valentina Fantoni (Bologna, Italy)

09.50-10.10 **SATELLITE SESSION GUNA**

Local collagen injections for joint, tendon and ligament disorders: scientific evidence and real-life practice

Felicia Daniela Oprea (Bucharest, Romania)

Scientific Programme

Saturday 4 October

New York Room (Plenary)

10.10-10.30 **LECTURE**

Moderator: Cathy Speed (Cambridge, UK)

International guidelines in IA management of athletes

Giovanni Boni (Perugia, Italy)

10.30-10.50 **LECTURE**

Moderator: Raman Raghu (London, UK)

Intra-articular gene therapy: state of art

Ali Mobasheri (Oulu, Finland)

10.50-11.10 Coffee break

11.10-11.30 **SATELLITE LECTURE KIOMED**

Management of patellofemoral joint OA

Krik Heusdens (Antwerp, Belgium)

11.30-12.10 **ROUND TABLE**

The role of oral NSAIDs in the management of different osteoarthritic

phenotypes

Moderator: Ricardo Tesch (Petrópolis, Brazil)

Raquel Largo (Madrid, Spain), Mihaela Micu (Cluj-Napoca, Romania), Vlad Predescu (Bucharest, Romania), Cathy Speed (Cambridge, UK)

New York Room (Plenary)

12.10-13.10

ORAL COMMUNICATIONS - second part

Moderators: Natalia Martusevich (Minsk, Belarus) Alessandro de Sire (Catanzaro, Italy)

INTRA-ARTICULAR POLYACRYLAMIDE HYDROGEL INJECTIONS DECREASES PAIN AND INCREASES FUNCTION IN KNEE OSTEOARTHRITIS

Özgür Oktay Nar (Bursa, Turkey)

BONE MARROW ASPIRATE CONCENTRATE (BMAC) VERSUS ADIPOSE-DERIVED STEM CELLS (ADSCS) KNEE INTRA-ARTICULAR INJECTION THERAPEUTIC EFFICACY FOR OSTHEOARTHRITIS IN CORRELATION TO THEIR MESENCHYMAL STEM CELL (MSC) CELLULARITY: A PROSPECTIVE COMPARATIVE CLINICAL TRIAL Salvatore Spadafora (Milan, Italy)

POST-OPERATIVE INJECTION OF HYDROLYZED COLLAGEN PEPTIDES SHOWS ANTI-INFLAMMATORY EFFECT IN PATIENTS WITH FEMOROACETABULAR IMPINGEMENT IMPROVING THE EARLY RECOVERY

Valentina Fantoni (Bologna, Italy)

POLYACRYLAMIDE HYDROGEL FOR KNEE OSTEOARTHRITIS: 5-YEAR RESULTS FROM TWO PROSPECTIVE STUDIES

Hennig Bliddal (Frederiksberg, Denmark)

New York Room (Plenary)

PRP THERAPY IN OA KNEE - PERSONAL EXPERIENCE: A SERIES OF 490 CASES (545 KNEES)

Arvinder Singh Bhatia (Chandigarh, India)

THE COMBINATION OF ULTRASOUND GUIDED DRY NEEDLING AND THE INTRA-ARTICULAR HYALURONIC ACID INJECTION FOR THE TREATMENT OF PAIN AND FUNCTIONALITY IN HIP OSTEOARTHRITIS PATIENTS: A RANDOMIZED CONTROL TRIAL

Elie Aldahdaah (Paris, France)

13.10 **CLOSING REMARKS**

Alberto Migliore (Rome, Italy)

| 13.30-15.00 | Practical course: elbow Ekin Ilke Sen (Istanbul, Turkey) | NEW YORK ROOM |
|-------------|---|---------------|
| 13.30-15.00 | Practical course: sacroiliac Sandro Tormenta (Rome, Italy) | BEIJING ROOM |
| 13.30-15.00 | Practical course: temporomandibular joint Demirhan Diracoglu (Istanbul, Turkey) | VIENNA ROOM |

INTRA-ARTICULAR VITAMIN D3 THERAPY FOR KNEE OSTEOARTHRITIS - A FIRST REPORT OF 8 ASIAN PATIENTS

Y. K. H. Yoon (Singapore, Singapore)

Poster 2

EFFICACY OF COMBINATION INTRA-ARTICULAR COLLAGEN AND HYALURONIC ACID INJECTION FOR KNEE OSTEOARTHRITIS

Y. K. H. Yoon (Singapore, Singapore)

Poster 3

INITIAL EXPERIENCE WITH ARTHROSAMID HYDROGEL INJECTION FOR SEVERE KNEE OSTEOARTHRITIS IN 12 ASIAN PATIENTS

Y. K. H. Yoon (Singapore, Singapore)

Poster 4

ASSESSMENT OF THE FREQUENCY OF NSAID-INDUCED GASTROPATHY DEVELOPMENT IN PATIENTS WITH ADVANCED STAGES OF OSTEOARTHRITIS IN REAL CLINICAL PRACTICE N. Martusevich, L. Tsitova (Minsk, Belarus)

Poster 5

CONDYLAR REGENERATION FOLLOWING INFERIOR JOINT SPACE ARTHROCENTESIS AND INJECTABLE PRF CYCLE IN A YOUNG ADULT WITH TMJ DISC DISPLACEMENT WITHOUT REDUCTION: A CASE REPORT

G. Gonçalves, L. Tesch, T. Calcia, R. Tesch (Petrópolis, Brazil)

EFFICACY OF INTRA-ARTICULAR HYALURONIC ACID VERSUS ORAL CHONDROITIN IN OSTEOARTHRITIS: A COMPARATIVE STUDY

E. Pelechas, P. Karagianni, E. Kaltsonoudis (Ioannina, Greece)

Poster 7

ROLE OF MUSCULOSKELETAL ULTRASOUND IN ASSESSMENT OF SUBCLINICAL ENTHESITIS

A. Mohamed, A. Mustafa, A. Bayoumy (Cairo, Egypt)

Poster 8

CARPAL TUNNEL COMBINED MININVASIVE TREATMENT

I. Kolesnikov (Ekaterinburg, Russia)

Poster 9

A REVIEW ON INTRA-ARTICULAR INJECTIONS USED IN NON-OPERATIVE TREATMENT OF DEGENERATIVE MENISCUS LESIONS

J. Forycka, M. Domzalski (Lodz, Poland)

Poster 10

17 INTRA-ARTICULAR POLYACRYLAMIDE HYDROGEL FOR KNEE OSTEOARTHRITIS: 1-YEAR RESULTS FROM THE LUNA OBSERVATIONAL STUDY

H. Bliddal¹, P. Peev², E. Fockens³, P. Massin⁴, J. Beier⁵, M. Shyam⁶, P. Drees⁷, T. Klonschinski⁷, A. Migliore⁸

(¹Copenhagen, Denmark, ²London, UK, ³Marseille, France, ⁴Poissy, France, ⁵Odense, Denmark, °Truro, UK, ⁷Mainz, Germany, ⁸Rome, Italy)

10-YEAR FOLLOW-UP AFTER INTRA-ARTICULAR INJECTIONS OF 2.5% POLYACRYLAMIDE HYDROGEL FOR KNEE OSTEOARTHRITIS

H. Bliddal¹, A. Hartkopp², P. Conaghan³, M. Henriksen¹ (¹Copenhagen, Denmark, ²Holte, Denmark, ³Leeds, UK)

Poster 12

REAL-WORLD USE AND EFFECTIVENESS OF INTRA-ARTICULAR HYALURONIC ACID IN OSTEOARTHRITIS: INSIGHTS FROM A LARGE MULTICENTRIC STUDY

M. Berenstein¹, L. Tacus¹, P. Cipriano-Bonvin² (¹Buenos Arires, Argentina, ²Carouge, Switzerland)

Poster 13

EFFECTIVENESS OF INTRA-ARTICULAR INJECTION OF HYALURONIC ACID IN THE TREATMENT OF KNEE OSTEOARTHRITIS

R.K. Blerta, R. Mjellma (Prishtina, Kosovo)

Poster 14

CLINICAL EFFICACY OF A COMBINATION PROTOCOL THERAPY WITH INJECTION OF HYALURONIC ACID FOR SYMPTOMATIC KNEE OSTEOARTHRITIS

G. Diaferia¹, A. Migliore², C. Bosio¹, S. Stacchietti³, M. Ricci³, L. Pasotti⁴, I. Capparucci⁵, G. De Angelis⁵, P. Sestili⁵, E. Barbieri⁵
(¹Turin, Italy, ²Rome, Italy, ³Ancona, Italy, ⁴Macerata, Italy, ⁵Urbino, Italy)

HYALURONAN ENHANCES PROLIFERATION AND MYOGENIC DIFFERENTIATION OF C2C12 MURINE MYOBLASTS UNDER INFLAMMATORY STRESS

F. Ferrini, G. Annibalini, M. Battistelli, I. Capparucci, A. Capparucci, F. Fanelli, M. Seyedehmahboobeh, R. Osman, P. Sestili, A. Migliore, E. Barbieri (Urbino, Italy)

Abstract book

All accepted abstracts selected for oral presentations will be published by Verduci Editore in the journal "Topics di Terapia Intra-Articolare" edited by Prof. Alberto Migliore and Prof. Sandro Tormenta. For more information please visit the website www.verduci.it

UEMS/EACCME Accreditation

This edition of the ISIAT Congress will not be accredited for Continuing Medical Education (CME) credits.

Information for presenters

Slide Center

A Slide Center will be available throughout the entire Congress for speakers and presenting authors of oral communications. It will be located in the Paris Room, on the first floor of the hotel, near the registration desk.

All speakers are required to prepare a PowerPoint presentation saved on a USB drive, and deliver it to the Slide Center the day before their talk, or at least two hours before the start of their session.

Personal laptops cannot be used for presentations.

Oral Presentations

All presentations must be prepared using Microsoft PowerPoint and formatted for PC use (Mac formats are not supported). The recommended slide format is 16:9.

Speakers and authors are kindly asked to ensure they have permission to use any images included in their presentations and to credit the source where appropriate.

All posters must have a maximum size of 70 cm (width) x 100 cm (height), with vertical orientation.

Poster Setup Time: October 2, 13.00-16.00

Poster Dismantling Time: October 4, after the end of the sessions

Posters must be attached to the board number corresponding to the number assigned to each poster. All posters should remain on display for the entire duration of the event.

Please note: The organizers are not responsible for any posters that are not removed by the end of the sessions

Posters will be exhibited in the foyer of the 1st floor and must remain displayed on the panels throughout the event, allowing participants to view them at their convenience.

Presenters are expected to be available at their poster boards during coffee breaks on October 3-4 to discuss their work and answer any questions.

Organizing Secretariat



AlM Group International - Milan Office Viale E. Forlanini, 23 20134 Milan, Italy Ph. +39 02 566011 isiatevents@aimgroup.eu



On-Site Secretariat & Registration Desk Hours

Thursday, October 2 hrs 10.00 - 19.00

• Friday, October 3 hrs 08.00 - 18.00

Saturday, October 4 hrs 08.00 - 15.00

Please visit the registration desk during these hours for assistance, badge pickup, and event information.

Admission Guidelines

All onsite participants are kindly requested to wear their badge at all times during Congress activities.

Your badge grants access to: Scientific sessions, Exhibition area, Coffee breaks, Lunch



Badge Categories & Colors

DELEGATES [neutral]
FACULTY [red]
SPONSOR [green]

Registration fees

| All the fees a | re 21% Romanian | VAT included |
|----------------|---------------------|--------------|
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| | Onsite |
|---|----------|
| Delegate ANTIAGE, CREI, GUIDA, SIR, SIRM member | € 410,00 |
| Delegate NON member | € 540,00 |
| Delegate from developing countries | € 315,00 |

The delegate fee includes:

- Admission to the scientific sessions
- Congress kit
- Certificate of attendance
- Access to the exhibition and poster area
- Coffee breaks and lunches as scheduled in the programme

Practical Sessions

| All the fees are 21% Romanian VAT included | | |
|--|----------|--|
| 1 practical session | € 115,00 | |
| 2 practical sessions | € 180,00 | |
| 3 practical sessions | € 220,00 | |
| 4 practical sessions | € 250,00 | |

Please note that participation in the courses is not included in the Congress registration fee, and each course is limited to a maximum of 20 participants

Food and beverage services



Coffee will be served in the foyer and exhibition area (Ground Floor & 1st Floor) at the following times:

Friday, October 3 Morning: 10.50 - 11.10 | Afternoon: 16.20 - 16.40

Saturday, October 4 Morning: 10.50 - 11.10



A buffet lunch will be served in the foyer and exhibition area (Ground Floor & 1st Floor) and Beijing + Vienna rooms as follows:

Friday, October 3 13.00 - 14.00



Language

The official language is English. No simultaneous translation will be provided.



Opening Ceremony

The Opening Ceremony of the Congress will be held on October 2, 2025 at 16.00 in the Plenary Room – New York Room.



Wi-Fi Access

Free Wi-Fi is available throughout the Congress venue.



Mobile Phones

Delegates are kindly requested to set their mobile phones to silent mode in all halls where scientific sessions are taking place.



No Smoking Policy

Smoking is strictly forbidden in all areas of the Congress venue.



Insurance

Congress organizers cannot accept liability for personal injuries or for loss or damage to property belonging to participants, either during or as a result of the Congress.

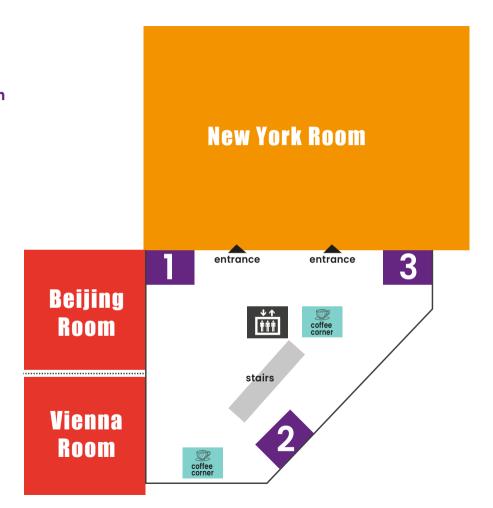


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Certificates will be available after completing the online customer satisfaction survey. The process takes no more than 5 minutes. Your feedback is valuable and helps us improve future activities.

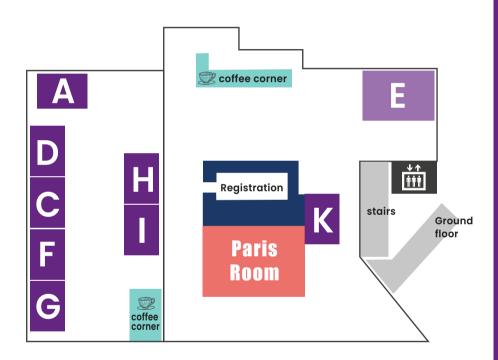
Ground Floor

Exhibitor Booth
KIOMED PHARMA 1
REGENYAL
LABORATORIES 2
ANIKA
THERAPEUTICS 3



First Floor

| Exhibitor | Booth |
|----------------------|-------|
| APTISSEN | Α |
| BIOVENTUS | C |
| CONTURA ORTHOPAEDICS | D |
| TRB CHEMEDICA | E |
| FIDIA | F |
| TISS YOU | G |
| ALBOMED | Н |
| GUNA | I |
| CONTRAD SWISS | K |



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